



# FSTC Academy High Performance



**Admission to the High Performance Program is based on ability and must be approved by our High Performance Directors.**

**All HP Players must be members of the Five Star Tennis Center**

**All yellow ball players must have 100% confidence on their UTR before being considered for the program\***

**The "HP" program covers all aspects of competitive tennis, each 2.5 hour class will include high-intensity hitting sessions, mental toughness talks and matchplay.**

**All HP players are expected to compete regularly in USTA events. All players are expected to arrive on time and be engaged in their HP session at all times. All of our HP players must first and foremost be coachable, they must possess a burning desire to succeed in life and in tennis and must be willing to work hard to achieve their goals.**

**If you would like to be considered for the program, call 630-282-4888 and ask for Timmer, Uno or Marcy**



# five star tennis center

Session 2 Dates: November 6<sup>th</sup>-February 25<sup>th</sup>

High Performance	Day/Time	Member
High Performance	Mon 5:30-8:00pm*	\$927.50
High Performance	Tue 5:30-8:00pm*	\$993.75
High Performance	Wed 4:00-6:00pm*	\$795.00
High Performance	Wed 5:30-8:00pm*	\$993.75
High Performance	Thu 5:30-8:00pm*	\$927.50
High Performance	Sun 1:00-3:00pm*	\$742.00

Ball Control**	Day/Time	Member
Ball Control HP2	Mon 4:00-5:30pm	\$35/class
Ball Control High School Girls	Mon 8:00-9:30pm	drop-in
Ball Control HP Combo	Tue 4:00-5:30pm	
Ball Control HP2	Wed 4:00-5:30pm	
Ball Control HP Combo	Thu 4:00-5:30pm	

FSTC Head/Playsight Academy	Day/Time	Member
Invite Only	Sunday 5:00-8:00pm	\$1,113.00

\*Players must have approval of Uno, Timmer or Marcy prior to registering for any HP Class

\*\*Players who sign a Season Lock-In contract receive 25% off of all Ball Control drills & all other drop-in programs

### Expectations of High Performance Players

Players must possess a burning desire to succeed in tennis and in life, they must be coachable, and they must be willing to work hard to achieve their goals. HP players are expected to regularly compete in USTA tournaments, advanced USTA Jr. Team Tennis leagues and club events. **Players are expected to take regular private or semi-private instruction. Players are also encouraged to enroll in multiple days of High Performance programming in addition to their private or semi-private lessons.** Consistent participation is essential to the development of a player. Most importantly, players are expected to arrive on time and be engaged in their HP sessions at all times.

**WE HAVE SHUTTLE SERVICE AVAILABLE FOR OUR 3 and 4 PM PROGRAMMING FOR AREA HIGH SCHOOLERS! NEW MAKEUP POLICY! READ THE FULL POLICY PLEASE: There is no limit on the number of makeups a player receives. Makeups can only be scheduled during school holiday drills. Player cannot make up a class by attending a different day during a session. You may carry over makeups from one session to the next (If you miss a class in Session 1 you can schedule a makeup during a school holiday drill in Session 2).**

Five Star Tennis Center 11959 S. Normantown Road, Plainfield 630.282.4888 [fivestartennis.com](http://fivestartennis.com)