

# 2020-21 Adult Programming

2018 USTA Midwest Facility of the Year  
2018 USTA National Outstanding Facility Award winner



Please reserve a spot in advance for any of our drop-in drills by visiting [www.fivestartennis.com](http://www.fivestartennis.com) and clicking "Makeups and Drop-Ins" on the homepage. Members and non-members are welcome!

## Wikaduke Flexible match play

The most flexible tennis format around! We have Women's daytime drop-in league on Thursday morning and men's doubles matches every Thursday night during the summer! Get on our e-mail list and reply when you would like to play! E-mail Katie Finke at [wikaduke5@gmail.com](mailto:wikaduke5@gmail.com) to be placed on one of our Wikaduke e-mail lists.

## NITTTL Daytime Teams

Join the Northern Illinois Traveling Tennis League and become a part of a team at Five Star! Teams are level-based, and we have weekly drills, as well as matches against other facilities in the Chicago-suburbs. We have flexible drop-in options for the weekly team drills! NITTTL is a great mix of the competitive and social aspects of tennis!

## Tennis University

The absolute best way to learn the game, hands down! Join our "Tennis U" program for one low fee that is good for the entire indoor season! Drop into Tennis University Classes by reserving a spot on our homepage (under "Drop-Ins"). We will go over the basics of tennis using red, orange and green balls. Once you and your instructors agree that you are ready, we will graduate you into our adult programming! It's the best deal in tennis! Visit [www.fivestartennis.com](http://www.fivestartennis.com) and find "Tennis University" under the "Adult Tennis" tab.

## Adult Mixed Intermediate Drills

Join our pros for a 90 minute workout full of fun, fast-paced drills! Space is limited, so log on to [www.fivestartennis.com](http://www.fivestartennis.com) and click "Makeups and Drop-Ins" to reserve your spot!

## USTA Adult Teams

We have adult travel teams for nearly every level of play! You only pay when you play, get out and meet some new players! For more information on joining a USTA team, call 630-282-4888 and ask for Laurie!

## Cardio Tennis

No matter what level you are, cardio tennis is guaranteed to give you an amazing and entertaining workout! Drop into a weekly drill to get a great calorie burn!

## Fast Feeds

Daytime point play drills geared towards players 4.0 and up! designed to give you a fun workout in a fast-paced doubles drill.

## Monthly Mixers

Jump into one of our famous Davis Cup events, and try out our Wimbledon Whiteout mixer! You can register with a partner, or sign up solo and we will partner you up!

To sign up for Wikaduke, send an email to [wikaduke5@gmail.com](mailto:wikaduke5@gmail.com)

To reserve a spot in a drop in drill, visit [www.fivestartennis.com](http://www.fivestartennis.com) and click drop-ins and makeups. If in need of childcare, you must also reserve a spot in the childcare room by the night before the drill.

You can also schedule private and semi-private lessons by e-mailing [fivestartennis@gmail.com](mailto:fivestartennis@gmail.com).



## Adult Programming

Session 1 Dates: August 10 – November 15

Drop In Drills			
Day	Time	Level	Member/Non Member
Monday	9:30-11:00am	NITTL Division 5N	\$20/\$26
Monday	11:00am-12:00pm	Tennis U Tennis 201	visit webpage for info
Monday	11:00am-12:00pm	Tennis U Tennis 101	visit webpage for info
Monday	12:00-1:00pm	Cardio Tennis	\$20/\$24
Monday	7:30-8:30pm	Tennis U Tennis 101	visit webpage for info
Monday	8:00-9:00pm	Tennis U Tennis 201	visit webpage for info
Tuesday	11:30am-1:00pm	Adult Mixed Drill	\$28/\$33*
Tuesday	11:30am-12:30pm	Serve Clinic	\$25*
Tuesday	1:00-2:00pm	Tennis U Tennis 201	visit webpage for info
Tuesday	1:00-2:00pm	Tennis U Tennis 101	visit webpage for info
Tuesday	8:00-9:30pm	Adult Mixed Drill	\$28/\$33*
Wednesday	1:00-2:00pm	Tennis U Tennis 101	visit webpage for info
Wednesday	1:00-2:00pm	Tennis U Tennis 201	visit webpage for info
Wednesday	8:00-9:30pm	Men's Drill	\$28/\$33*
Saturday	10:00-11:30am	Adult Mixed Drill	\$28/\$33
Saturday	10:00-11:00	Tennis U Tennis 101	visit webpage for info
Saturday	11:00am-12:00pm	Tennis U Tennis 201	visit webpage for info
WiKaDuKe Tennis Federation			
To sign up send an email to <a href="mailto:wikaduke@fivestartennis.com">wikaduke@fivestartennis.com</a>			
Day	Time	Division	Member/Non Member
Thursday	10:00am-12:00pm	Women's Open	\$10/\$10
Thursday	8:00pm-close	Men's Open	\$10/\$15
Friday	8:00pm-close	Mixed Open	\$10/\$15
Sunday	8:00pm-close	Men's Singles or Doubles	\$10 Doubles/\$20 Singles

**Monthly Mixer information will be posted on our Facebook page as well as in the lobby!**

\*Reserve a spot in our drop-in drills by visiting [www.fivestartennis.com](http://www.fivestartennis.com) and clicking "Drop-Ins and Makeups"

Call the front desk for more information on any programming listed above.

For more information on our Tennis University program, e-mail [katie@fivestartennis.com](mailto:katie@fivestartennis.com)

For more information on our Women's and Mixed Wikaduke drop-in leagues, e-mail [5starwika@gmail.com](mailto:5starwika@gmail.com)

For more information on our Mens Wikaduke drop-in leagues, e-mail [menswika@gmail.com](mailto:menswika@gmail.com)