



FSTC Red Ballers

The Junior Development Program exists to guide players through the process of developing the foundation that will build competitive athletes. Through a fun and team based environment we provide players the pathway to build character and meet their tennis goals.



Red Ballers 1

Uses low-compression red balls to introduce correct stroke techniques in a fun, fast-paced 30 minute class. Class is a mix of agility, balance and coordination drills, as well as tennis-specific drills.

Red Ballers 2

Players will begin to learn rally skills in addition to refining technique. Throwing technique will be covered as the serve is introduced

Advanced Red

Players will refine rally skills in addition to working on technique and footwork patterns. Rally based drills will be the basis for the class.

Academy Red

Director approval required. Advanced footwork and stroke techniques are covered, as well as rallying with proper form. Players should be able to rally across a red net consistently in order to be considered for Academy Red Ball class.

For more info, and to schedule a free placement, please call 630-282-4888
or e-mail kfinke19@gmail.com

Team Challenges

Put your skills to the test in a fun, team environment! Players will be broken down into teams, and will compete in skills competitions and target practice. This is a great introduction to competition while players continue to develop skills.

See reverse side for schedules and pricing



FSTC 2022-23 Session 1 Classes and Pricing

Session 1 Dates: August 15 – November 13

Red Ball	Day/Time	Member/Non Member
Red Ball 1	Mon 4:30-5:00pm	\$143.00
Red Ball 1	Mon 5:00-5:30pm	\$143.00
Red Ball 1	Tue 5:30-6:00pm	\$143.00
Red Ball 1	Tue 6:00-6:30pm	\$143.00
Red Ball 1	Wed 4:30-5:00pm	\$143.00
Red Ball 1	Wed 5:00-5:30pm	\$143.00
Red Ball 1	Sat 11:00-11:30am	\$143.00
Red Ball 1	Sun 12:00-12:30pm	\$143.00
Red Ball 1	Sun 12:30-1:00pm	\$143.00
Red Ball 2	Mon 4:30-5:30pm	\$286.00
Red Ball 2	Mon 5:30-6:30pm	\$286.00
Red Ball 2	Tue 5:30-6:30pm	\$286.00
Red Ball 2	Wed 4:30-5:30pm	\$286.00
Red Ball 2	Thu 4:30-5:30pm	\$286.00
Red Ball 2	Sat 11:00am-12:00pm	\$286.00
Red Ball 2	Sun 12:00-1:00pm	\$286.00
Advanced Red	Mon 5:30-6:30pm	\$286.00
Advanced Red	Tue 4:30-5:30pm	\$286.00
Advanced Red	Wed 5:30-6:30pm	\$286.00
Advanced Red	Sat 10:00-11:00am	\$286.00
Advanced Red	Sun 11:00am-12:00pm	\$286.00
Junior Performance Pathway		
Academy Red	Mon 5:30-6:30pm	\$286.00
Academy Red	Wed 5:30-6:30pm	\$286.00
Academy Red	Sun 11:00am-12:00pm	\$286.00

All classes will be held at the Five Star Tennis Center.

SPACE IS EXTEREMLY LIMITED!

A schedule of makeup dates will be posted at the front desk, online, and on the Jr. Development Bulletin Board.

Players are granted **THREE** makeups per session.

We recommend that junior players train at least twice weekly in order to see growth and development of skills.

Class Discounts: Second class is 10% off, Third class is 33% off.

When siblings are both registered for classes, the second child starts with a 10% discount on their class, and 20% off of their second class.

For more information, or to setup a free evaluation, call 630-282-4888

Five Star Tennis Center 11959 Normantown Rd., Plainfield 60585 - www.fivestartennis.com - facebook.com/fivestartennis